

FEBRUARY 2009

Department of Public Safety

Mott Community College

What's Under Your Feet? Slip and Fall Safety

Call—We can help!

- **CAMPUS EMERGENCY**
810-762-5666
- **Non-emergency**
810-762-0222
- **Campus Closing**
810-232-8989

The beautiful snow and winter weather that is part of living in, and loving Michigan can also bring potential for slip and fall accidents. Our facilities management team does a phenomenal job clearing snow and applying salt. However, as Michigan weather is ever changing, you may still encounter hazardous conditions.

The stigma of looking ridiculous while walking cautiously may deter some from practicing preventative measures but consider that 300,000 injuries occur every year from slip and fall accidents, many with life changing results. Walking to and from parking lots and between buildings during the winter requires special attention to avoid slipping and falling.

To Prevent:

- ♥ Wear the proper foot gear that will provide traction, avoid high heels or plastic and leather soled shoes.
- ♥ Take smaller steps to keep your center of balance.
- ♥ Walk slowly, testing potentially slick areas by tapping your foot on them.
- ♥ Step from your vehicle instead of jumping and use it for support.
- ♥ Keep your hands free for balance and your eyes on where you are going.
- ♥ Use handrails from start to finish.
- ♥ Report any areas of

hazard to 762-0222.

To Minimize Injury:

- ♥ Relax as much as possible when you begin to fall.
- ♥ Toss any items you are carrying.

To Recover:

- ♥ Call 762-0222 for assistance.



Inside this issue:

Slip and Fall Safety	1
Food Drive Results	1
Awareness Campaigns	2
Campus Safety Tips	2

71,743.9 POUNDS!

If you thought your can of green beans or donation of \$5 wouldn't make that much of a difference, think again! It all adds up and that's what happened with the 3rd Annual College Town Holiday Food Drive for the Food Bank of Eastern Michigan. Mott Community College, University of Michigan-Flint, Kettering

University and Baker College competed to raise the most pounds to feed the hungry. Here's the breakdown:

- Kettering - 27,130.48 lbs.
- Baker - 24,591.42 lbs.
- MCC - 18,395 lbs.
- UofM-Flint - 1,627 lbs.

Of course, the real winners are those folks that benefitted from our selfless giving. The Food Bank of Eastern Michigan thanks us all for our participation. If you have ideas for activities to help feed the hungry in our community, call Tracy Fowler-Johnston at the Food Bank of Eastern Michigan at 810.239.4441.



**Frederick Douglass—
Foremost leader of the
movement to end slavery
and inspiration for February
African-American History**

February Awareness Month Campaigns

These are just two of the many campaigns this month

African-American History Month celebrates the contributions made to the world by those of African descent. But where did it start? It started with Carter Woodson, a coal mine worker with a thirst for documenting African-American history. He worked toward doing just that and co-founded and financed the Association for the Study of Negro Life and History in 1915. In the course of his work he conceived the idea of dedicating a week to cele-

brating the achievements of African-Americans. In 1926, he chose the second week of February because it marked the birthday of Abraham Lincoln and Frederick Douglass. In 1976 it evolved into Black History Month and today as African-American History Month.

The National Children's Dental Health Month turns 60 this month! Since 1949 this month has been raising awareness of the importance of children's oral health. You can help children get a good start by developing good habits early

and scheduling regular dental visits. Visit www.ada.org for resources to promote the benefits of good oral health to children.



*"Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek."
-Barack Obama*

Campus Safety Tips

From our Public Safety page on the Mott Community College website:

- If you feel that you are being followed go to an office, a highly visible area or a place where there are people who can see you. Call the Public Safety Department at 20222 from any on-campus phone or Emergency Call Box.
- Keep your personal belongings in view at all times. Never leave them even for a moment, to use the restroom or get a drink.
- Keep your purse in a locked cabinet or locker. Never place

your valuable in a highly visible area.

- If you observe a suspicious person, dial 20222 from any on-campus phone and report it to the Public Safety Department.
- At night never walk alone. If no one is available to walk with you, call the Public Safety Department and request an escort at 20222 from any on-campus phone or if you see a Public Safety Officer, he or she will be willing to walk with you.
- Walk on designated

walkways that are well lit. Report poor lighting or any lights that are out to the Public Safety Department or any Public Safety Officer.

- Never prop open doors, especially fire doors.
- Always remember not to leave valuables in your car in open view, conceal such items in a safe place or in the trunk of your car.
- ICE—program your "In Case of Emergency" phone number into your cell phone for emergency personnel.
- Always call Public Safety for any medical assistance needs.



February