



September 29, 2011

Dear Mott Community College Employee:

SET SEG serves as the college's administrator of your HealthPlus medical plan and would like to help you make informed decisions about your health care. Because you are enrolled in a plan through SET Employee Benefits, you have free access to the Best Doctors program, a world class, confidential medical consultative service. This means, if you or a family member ever face an important medical decision, anything from minor surgery to serious issues like cancer, heart conditions and more, **Best Doctors**, is available to help.

When you need to be absolutely sure, contact Best Doctors.

Get answers to your toughest questions. Is there a better treatment? Do I really need surgery? Is my doctor missing something about my condition? How can I be sure? **Best Doctors** removes the doubt.

Best Doctors is better than a second opinion - it's an expert consultation. Top-rated specialists who know what to look for will analyze your case from every angle, then either confirm what your doctor told you, or recommend a change if they see a better answer.

Find the best doctor for your condition. If you need to be seen by a physician, **Best Doctors** can help. They will match you to a top-rated expert doctor based on your medical needs.

100% free and confidential. No one, including your employer, SET Employee Benefits or your insurance carrier will ever know you called. **Best Doctors** is an independent resource, not associated with your health plan.

To get started, call 1-866-904-0910, or contact Best Doctors online at www.bestdoctors.com/members.aspx.

You can connect with a member of the **Best Doctors** clinical team from the comfort of your home. They will listen to your concerns and help you handle the rest - even gather your medical records for you.

When you need help making the right decision about your medical treatment, contact **Best Doctors**, to be sure.

Sincerely,

A handwritten signature in black ink, appearing to read 'Chadd Hodkinson'.

Chadd Hodkinson
Operations Manager
SET Employee Benefits

Please remove the enclosed magnet and place it in a visible spot.

Best Doctors is a free and confidential service brought to you as part of your benefits plan. Best Doctors and the star-in-cross logo are registered trademarks of Best Doctors, Inc. in the United States and other countries.



IS SURGERY MY BEST OPTION? IS MY DIAGNOSIS CORRECT?
WHY AREN'T MY SYMPTOMS IMPROVING? WHAT'S THE BEST
DID MY DOCTOR MISS SOMETHING? HOW CAN I BE CERTAIN
AM I ON THE RIGHT MEDICATION? WHY ISN'T MY INJURY HEALING?

NOT SURE ABOUT A MEDICAL DECISION?

DO I NEED CHEMOTHERAPY? IS THERE A BETTER WAY FOR ME?
AM I GETTING THE RIGHT TREATMENT? IS MY DOCTOR RIGHT?
HOW CAN I BE ABSOLUTELY SURE? IS SURGERY MY BEST OPTION?
WHAT IS RIGHT FOR ME? SHOULD I GET ANOTHER OPINION?

CONTACT BEST DOCTORS, AND GET A FREE EXPERT CONSULTATION.

When you or a family member are facing a treatment decision, Best Doctors can help. Best Doctors is like a second opinion – only better – for anything from a minor surgery decision to serious issues like cancer, heart conditions and more. **It's a free service included in your health benefits.** Contact us for a personalized consultation from top-rated expert specialists who will analyze your case from every angle, so you'll know for sure:

- ▶ **Is my doctor missing something about my condition?**
- ▶ **Is surgery really my best option?**
- ▶ **Am I getting the right treatment, or is there a better way?**

Now getting an expert answer is as easy as 1-2-3

1

You ask

If you've been to the doctor but still aren't sure, call Best Doctors. **It's free and confidential!**

2

We answer

A Best Doctors expert specialist will **confirm** what you've been told, or recommend a **better treatment**.

3

You're sure

With your personalized Expert Report from Best Doctors, you and your family gain **peace of mind**.

IS MY DIAGNOSIS CORRECT? IS SURGERY MY BEST OPTION?
WHY AREN'T MY SYMPTOMS IMPROVING? WHAT'S RIGHT FOR
IS CHEMOTHERAPY THE BEST OPTION? HOW CAN I BE SURE?

Better than a second opinion –
you'll get a thorough review of
your case from leading specialists
who know what to look for

Personalized Expert Report –
confirms what your doctor told
you or offers a better answer

100% free and confidential –
for you and family members
enrolled in your company's
health benefits

Find a doctor – Best Doctors
will match you with an expert
doctor for your medical needs

Just a simple phone call –
connect with Best Doctors
from the comfort of your home

TOP REASONS PEOPLE CALL BEST DOCTORS:

- ▶ Need help deciding
on treatment or surgery
- ▶ Symptoms not improving
- ▶ Don't understand their diagnosis,
or didn't receive a diagnosis

When you need to be sure, call **1-866-904-0910**
or visit www.bestdoctors.com/us

“When I became ill, different specialists were recommending conflicting treatment options. My personalized Expert Report really helped me to understand my condition and decide on the best treatment option.”

– Mark, Best Doctors Member



Best Doctors[®]

Let's be sure.

100 Federal Street, 21st Floor
Boston, MA 02110 USA

HealthMatters



Baby Michael's Story

Michael was born with a heart defect. His parents were told that he was expected to live only a few weeks. Michael's mother learned of Best Doctors and called.

The Best Doctors team gathered all of Michael's medical records and found a world-renowned pediatric cardiologist who reviewed the case. Aspects of Michael's condition had been misdiagnosed and the pediatric cardiologist indicated that Michael's defect could be repaired and he had a good chance of living a normal life after surgery.

Years later, the Best Doctors team had the pleasure of meeting Michael and watching him run around like any normal four-year-old boy. Michael is a living and breathing testament to what we at Best Doctors strive to deliver every day.

Did You Know?

- ▶ Best Doctors is a free and confidential service
- ▶ Best Doctors was founded by Harvard Medical School Physicians
- ▶ Over 2 million people are covered under Best Doctors
- ▶ 22% of our cases have a change in diagnosis
- ▶ 61% of our cases have a change in treatment

If you have
questions call
1-866-904-0910.

Preventative Health

What Steps Can Women Take For Healthier Babies?

Not all birth defects can be prevented. But a woman can increase her chance of having a healthy baby. Here are some steps a woman can take to get ready for a healthy pregnancy:

- ▶ Eat a healthy, balanced diet.
- ▶ Take a vitamin with 400 micrograms (mcg) folic acid every day.
- ▶ Avoid alcohol and tobacco.
- ▶ Avoid unpasteurized (raw) milk and foods made from it.
- ▶ Avoid eating raw or undercooked meat.