



The Plus makes all the difference.

Prior Authorization Required for Some Medical Services

Some medical services require a prior authorization before you receive them. A complete list of those services is attached and also available on the Mott Community College Human Resources Website at http://www.mcc.edu/hr/pdf/HealthPlus_PPO-Svc_Supplies_Needing_Prior_Auth.pdf.

Your physician must obtain prior authorization from HealthPlus or its designee at least five business days before one of these services is received.

If prior authorization is required for a service, it is a good idea to remind your physician of this requirement. You can also give your physician a copy of this document, including the attached list, to be placed in your medical file at your physician's office.

Your physician will request the prior authorization for you; however it is always a good idea to check with HealthPlus to verify that the service has been authorized prior to receiving the service. To do this, just call the appropriate prior authorization phone number on the back of your HealthPlus ID card.

HealthPlus of Michigan
888-212-1512

Services and Supplies Needing Prior Authorization



Below is a current summary list of the services and supplies where prior authorization is needed. This list is subject to change, and may be updated from time to time.

Consultations/Procedures

- Plastic, cosmetic or reconstructive surgery, including, but not limited to, surgery of the skin, botox injections, removal of skin tags, eye or eyebrow lifts, or removal of excess skin due to weight loss
- Heat, cold or chemical treatment of acne
- Surgery of the jaw or gums and jaw reconstruction
- Breast enlargement, reduction, and/or adjustment (to make breasts of equal size)
- Removal of breast implants
- Weight loss (Bariatric) surgery
- Surgical treatments for sleep apnea
- Transplant and evaluations for transplant
- Autologous chondrocyte knee transplantation
- Bone-anchored hearing aid
- Services of an anesthesiologist for outpatient dental procedures
- Genetic counseling, testing and screening
- Covered infertility services
- Varicose vein treatments
- Robotic Image Guided Linear Accelerator (e.g., Cyberknife, Novalis TX, Aceso)
- Clinical trials and associated routine medical care

Inpatient Care

- Elective (non-emergent) admissions, inpatient skilled nursing, sub acute, long-term acute and rehabilitation care
- Mental health and substance abuse admissions, including detoxification, residential day treatment (partial hospitalization) and intensive outpatient/intermediate care
- Skilled nursing facility care
- Inpatient hospice care
- Clinical trials and associated routine medical care

Outpatient Services

- Specialty injectable medications, for example growth hormones or injectable drugs for rheumatoid arthritis or multiple sclerosis, at a physician's office or outpatient facility
- Outpatient pulmonary rehabilitation
- Psychological testing for Attention Deficit Hyperactivity Disorder (ADHD), Attention Deficit Disorder (ADD), and Oppositional Defiant Disorder (ODD)
- All Prosthetics and Orthotics devices
- Outpatient mental health services after 30 visits
- Home health services beyond 30 visits per benefit year

- Private duty skilled home health care (requires optional benefit rider)
- Residential hospice or home hospice care beyond 180 days
- Non-emergency ambulance transportation between health care facilities
- Clinical trials and associated routine medical care

Durable Medical Equipment

The durable medical equipment (DME) listed below always requires prior authorization.

- Bone growth (osteogenic) stimulators, electric or ultrasonic
- CPAP (continuous positive airway pressure) or BiPAP (bi-level positive airway pressure) machine for sleep apnea - must also re-certify every 3 months
- Custom-made Compression Stockings
- Insulin pumps

Any durable medical equipment (DME) over \$3,000 always requires prior authorization.

Common examples include, but are not limited to, the items identified below:

- Chair-lift Mechanisms
- Chest Compression Vest
- Life Vests (Wearable Automatic Cardiac Defibrillators)
- Power Wheelchairs
- Power Operated Vehicles
- Speech Generating Machines
- Ventilators

Imaging Services, Diagnostic and/or Therapeutic Services

- **Imaging services include; Nuclear Studies (such as thyroid and bone scans) Cardio Nuclear studies (such as nuclear stress tests),** Magnetic Resonance Imaging (MRI), Computerized Axial Tomography (CAT scan), Computerized Tomography (CT), Computerized Tomography Angiography (CTA), Magnetic Resonance Angiography (MRA) and Positron Emission Tomography (PET scan) are covered only if you or your physician acting on your behalf obtains prior authorization from HealthPlus Insurance Company or its designee.
- Virtual studies, such as virtual colonoscopy and capsule endoscopy studies

Certain Prescriptions

HealthPlus requires prior authorization for certain medications. Brand name drugs that have a generic equivalent may require prior authorization, or the quantity of a medication may be limited with prior authorization required for greater quantities. Your doctor needs to submit a prior authorization request to HealthPlus for these medications. You and your doctor can access our PPO drug formulary at www.healthplus.org for a list of medications that require prior authorization.

If you do not meet the established prior authorization criteria for a medication, or if the physician does not submit a prior authorization request and provide documentation that you meet criteria, the medication will not be a covered benefit.

PLEASE NOTE: If you have already received prior authorization from HealthPlus for certain medications you are currently taking, you will not be required to go through this process again.