

SESSION TITLE	DESCRIPTION	DIVISION	FACULTY
Step by Step - The MCC Application Process	Learn how to navigate and successfully complete an application to Mott Community College.	Admissions	Staff
International Business	Examine the impact of international business on countries, businesses small, large, and individuals. Overview of international business: organizational, social, cultural, and economic variables that create change in the international marketplace	Business	Carrie Devone
Essential Skills for the 21st Century	This session will identify the traits and skills employers are looking for in the global workplace. Find out how you can develop and increase your marketability!	Counseling & Student Development	Angela Reeves, M.S.W., L.P.C.
Thrive in Every Class with Essential Study Tips	This session is designed to help you identify successful study skills. We will discuss strategies to help you thrive in College and life! Topics include time management, note-taking styles, memory techniques, and test-taking strategies.	Counseling & Student Development	Kindra Conley, L.L.P.C.
Group Leadership and Academic Success	Participants will engage in experiential learning activities designed to enhance each student's skills relative to the small group interaction and leadership process. Academic success correlates directly to a student's perceived role within the hierarchy of a learning environment.	Counseling & Student Development	Gerald Nagy, L.P.C.
Stress Management: Breathe, Focus, & Succeed	Come experience how you can de-stress so you are prepared to learn. Mott Counseling faculty will share tips and strategies.	Counseling & Student Development	Maureen Smith, L.P.C., N.C.C., C.F.L.E.
Getting Paid to Play	Work can be fun! Discover how Career Exploration can make this a reality. YOU can get paid to play!	Counseling & Student Development	Thomas Shannon, L.P.C., N.C.C.
Weird Michigan	Learn about unusual Michigan facts and folklore.	Fine Arts & Social Science	Aaron Gulyas
Activities for Children to offset impacts of Lead Exposure	Join us to participate in a variety of activities you can do with young children to enhance growth and development - including fun and easy to do activities that help mitigate lead exposure effects.	Fine Arts & Social Science	Becky Garske & Rod Reyes

Music Technology Software: Using MIDI Sequencing and Loops	This session introduces basic MIDI sequencing, through individual note entry and recording your performance using a MIDI controller. No previous music skills are required. You'll be shown how to create each layer of a music session, and learn about each layer's function. We'll also introduce loops to further enhance your music.	Fine Arts & Social Science	Bill Withem
History of Japan/International & Global Studies program	Learn about thousands of years of Japanese history in nine minutes, from the Stone Age to the classical Heian culture to the Kamamurka Shogunate, through the Edo, Meiji and Showa periods. Bring an internet enabled device to take an interactive quiz to see how much you remembered! Also learn about MCC's unique International & Global Studies program.	Fine Arts & Social Science	Brian Harding
Understanding Mental Illness	This session will help you to understand the criteria that is used when trying to determine whether a behavior is considered "abnormal." While this session is not intended to train participants to diagnose mental illness, they should walk away with a better understanding of how mental illness is assessed.	Fine Arts & Social Science	Lauren Ruffin
Improved Communication using OARS	Practice OARS (Open-Ended Questions, Affirmations, Reflections, Summaries) for Improved Communication	Fine Arts & Social Science	Phillip Nulph
Parenting Teens	Parenting teens can be a different type of challenge than parenting younger children. This session will provide some practical tips for navigating this developmental stage in your child's life.	Fine Arts & Social Science	Susan Edwards
Photography: Take better photos NOW	These days everyone is walking around with a camera in their pocket ready to take a photo to capture the moment. Join us to learn some tips and tricks that will help you improve the results of your photographic endeavors.	Fine Arts & Social Science	Bob Rentschler
Open STUDIO (Sculpture)	Join us in the Sculpture Studio to explore different sculptural processes, media, and projects including simple casting, felting, assemblage sculptures and more. This is a drop-in, open studio where you can stop by for a short visit or a longer stay to try everything. Come joining the fun creating art to take with you!	Fine Arts & Social Science	Jenna Andrews
Open STUDIO (Design & Book Arts)	Join us in the Graphic Design Studio and get some hands-on experience playing with book forms and creative visual narrative that blends digital and traditional bookmaking. This is a drop-in open studio where you can come for a short visit or as long a time as you wish and still learn something about how art, design and creative handmade books intersect.	Fine Arts & Social Science	Mara Fulmer

Open STUDIO (Drawing Mural)	Stop by the Painting Studio in VADC 113 to add your thoughts and images to a group mural. No drawing ability is necessary, just an open mind. Participants can draw images, shapes, patterns, etc to communicate their individual intents or an overarching theme determined by the Art Faculty.	Fine Arts & Social Science	TIm Kranz
Coping with multiple stressor	Flint water crisis, overdue bills, noisy neighbors, and being a member of a marginalized group can all be sources of stress. This session will provide a brief overview of current research on stress from the Flint water crisis along with other stressors relationship to psychological health. The session will also provide practical steps that individuals can do to cope with stress.	Fine Arts & Social Science Faculty	Brian Littleton
Occupational & Physical Therapy	What is Occupational Therapy? What does a Physical Therapist Assistant do? Learn about the roles and responsibilities of Occupational and Physical Therapy. Which one is right for you? Get all your questions answered!	Health Science	Diane Tremblay and Kim Jeffires
Listening to Lungs!	Come for a hands-on interactive tutorial with our talking SimMan! Sim Man is a life-sized maniken used in the Health Sciences Division to teach nursing, respiratory therapy, PT and OT assistant students. In this session you will learn how to use a stethoscope (provided) to listen for breath sounds in SimMan's chest.	Health Science	Heidi Clippard
Body Mechanics	Protect your back and neck! Learn the do's and dont's of bending and lifting and how to set up your ergonomically best workstation.	Health Science	Faculty
Respiratory Therapy and Intubation / Emerging Airway	The respiratory therapist will demonstrate the critical skill of airway management, intubation, and management of mechanical ventilation. Attendees will have the opportunity to breathe for the patient via an manual resucitator.	Health Science	Faculty
Sample Kettlebell Training Class	You will be taught proper and safe techniques on kettlebell training. A full body Kettlebell routine will follow the safety demonstrations. Kettlebell training is the perfect workout for men and women of all shapes and sizes!	Health Science	Michael Robinson
Taking the Eeek! Out of Public Speaking	Join us to discuss how to calm the nerves that get in the way of putting your best self forward on stage. We'll discuss the origins of communication apprehension and suggest some common practical and psychological techniques for taming the stress demon. No actual public speaking is required!!	Humanities	Elizabeth Blair

Having the Writing Skills to be a Successful Entrepreneur	In many cases your first contact with customers is not face-to-face. Setting up eye-catching ads, writing solid letters, and conveying clear points in e-mails will determine success. This fast-paced session will address these challenges that entrepreneurs face daily in garnering and maintaining business!	Humanities	Fairy Hayes-Scott
How to Create Imaginary Friends and Influence People: Character Development in Fiction Writing	The most compulsively readable fiction starts with a strong, three-dimensional main character. However, bringing a compelling protagonist to life on the page is tricky, even for the most motivated writers. In this session, you will learn some simple techniques to develop characters in fiction, and write a character-driven short story.	Humanities	Jackie Knoll
American Sign Language and Deaf Community Awareness	This session will teach basic ASL conversational phrases and provide introductory information about the Deaf Community	Humanities	Jennifer Doerr
iMucho gusto!	From HOLA to ADIOS, learn Spanish greetings, culture, and phrases in this quick mini-lesson.	Humanities	Jessica Hunter
Creative Writing: Poetry Like A Pro	This class will introduce participants to a variety of poetic forms and style. The goal of this session is to introduce aspiring poets to different ways of writing and thinking about poetry. Come learn. Come write. Come be inspired.	Humanities	Joshua Sauvie
Look Like you Know what you're Saying: Formatting Tricks for College Papers	You've written the best paper, made the strongest argument, used the most credible sources. Now, make sure the format reflects the hard work you've put into the rest of your paper. In this session, we'll look at how good format can make readers want to keep reading, and learn some tricks to make formatting even easier.	Humanities	Philip Greenfield
Special Populations/Perkins Program	Presentation of support services specifically for registered Mott College students enrolled in a state approved career/occupational program.	Learning Center	Madonna Carpenter
ACCUPLACER & SAT Prep	Learn about tools and resources that will help you to prepare for ACCUPLACER, the placement test used by Mott Community College. Become familiar with the content and format of the ACCUPLACER test questions. Obtain information that will assist you with SAT prep that will enable you to be more "College Ready."	Placement Testing & Assessment Center	Carol Brown M.S.A., GCDF, CTA
Casino Mathematics	In this session we will look at how probability works in various casino games.	Science & Math	Josh Illian, Bernie Cunningham

Heart Anatomy and Dissection	In this activity, participants will have the opportunity to learn about their heart. They will examine models of the heart and learn about the heart's chambers, valves, and major vessels attached to the heart. They will also have the opportunity to work in groups dissecting a sheep's heart.	Science & Math	Sharon Schapel, Lynn Wandrey
Introduction to Mineral Identification	Join us in the Geology lab and get some hands on experinece in mineral identification. Learn to observe and test some common physical properties of minerals using techniques taught in our Introductory Physical Geology course.	Science & Math	Sheila Swyrtek
Geology Museum Open House	Come take a look at the more than 1500 minerals, rocks, and fossils on display in Mott's Chester H. Wilson Geology Museum. Exhibits include a Mammoth skull and tusks discovered right here in Genessee County in 1962!	Science & Math	Sheila Swyrtek
Education and Work Today! Going Beyond On-The-Job Training To Career.	This session will discuss the evolution of education systems in our society from pre-industrial, industrial, and post-industrial perspectives. Skills required for the modern economy will be stressed.	Student Services	Terrence Steward, Katie Kiacz
How to be Full, (Healthy but not Fat), and Happy in Retirement (Microsoft Excel)	Use Microsoft Excel to explore the benefits of long-term investing (compounded interest).	Technology	LindaLee Massoud
CADD	What is CADD? What do CADD detailers/designers do for a career? Learn about their roles and responsibilities as a Design professional? Get answers to current job opportunities and career advancement opportunities.	Technology	Rick Sveller
How Workforce Development Works	Get the overview of Workforce Development offerings, establishing career pathways, and transitioning from non-credit to credit courses.	Workforce & Economic Development	Dartanyan Jamerson

