

How to prevent hepatitis A infection:

- Vaccination with the Hepatitis A vaccine is the best way to prevent HAV infection and is safe for all individuals including those with liver disease or weakened immune systems. One dose is at least 90 percent effective at preventing infection if given before or within two weeks after exposure to the virus. Hepatitis A vaccine is available at local pharmacies, through some healthcare providers, or at local health departments.
- Good hand hygiene is integral to prevention. Wash your hands after using the bathroom, changing diapers, and before preparing or eating meals.
- Use your own towels, toothbrushes, and eating utensils and do not share food, drinks, drugs, or smokes with other people.
- Do not have sex with someone who has HAV infection.

Please speak to your healthcare provider about your risks for HAV infection. Seek medical attention if you develop signs or symptoms of Hepatitis A.

GCHD wants you and your family to stay up-to-date on the most recent information and surveillance regarding Hepatitis A. For more information about Hepatitis A please visit our website at www.gchd.us. Additional information and current recommendations can also be found at <http://www.michigan.gov/hepatitisaoutbreak> and <https://www.cdc.gov/hepatitis/hav/afaq.htm>.

Your Health. Our Work.

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